

PROPER INFECTION CONTROL  
IS TOP PRIORITY! A REMINDER!

# ARE YOUR HANDS REALLY CLEAN?

Before you suction or touch the  
trach using *clean* technique:

- 1) Wash or sanitize hands.
- 2) Apply gloves if either patient or caregiver has ANY signs or symptoms of infection.
- 3) Once your hands are clean and/or gloved:
  - Do not touch anything!
  - Do not adjust your clothing.
  - Do not wipe patient's nose.
  - Do not scratch an itch.
  - Do not touch ANYTHING because once you do, your hands or gloves are NOT clean anymore and are unfit for performing safe care.
- 4) You CAN touch CLEAN equipment necessary for suctioning such as the suction catheter, suction tubing, and suction machine.



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